

BETWEEN-US

VOL. 31 ISSUE 2

FEBRUARY 2023

March 1962

What Good Does AA Do in Prison?

By: Henry Max Heilig

A noted prison official tells why your AA visits to penal institutions aren't wasted work.

ALCOHOL played a role, directly and indirectly, in the crimes and convictions of over three quarters of the prisoners in our penitentiaries. The phrase "committed this crime under the influence of intoxicants" shows up in countless admission summaries. On many occasions alcohol played a part in preparing an individual for his crime but was not immediately involved in the offense.

With city and county jails crowded with drunks and the nation's penitentiaries half full of alcoholics, it is natural that modern penologists face these problems realistically. The Twentieth Century has brought great changes in penal practices. Rehabilitation is replacing mere punitive detention.

In order to reach this goal, prison authorities must know what type of person the newly arrived inmate is--his background, his problems and his desires. In preparing a professional admission summary, the staff will usually discover an alcoholic background.

It is, of course, debatable whether or not all these men are true alcoholics. But there is no doubt at all that their lives in free society were handicapped by their use of alcohol and their drinking habits landed them in prison. A rationally thinking person will admit this and try to do something about it. Fortunately some inmates realize their predicament and search for a way to help themselves or to get help from others. These men are the future members of prison AA groups and deserve credit for their desires and aid in their efforts.

Alcoholism behind bars is as much a personality problem as it is on the outside. Maybe in prison this problem seems rooted deeper or developed more than it is in free society. It is certainly made less bearable by the additional difficulty of

(Prison, Continued on page 2)

March 1962

So You Want a "Celebrity" Speaker?

By: M. B. | Manhattan, New York

a harassed program chairman urges solid AA speakers, not "name

OVERHEARD at our Intergroup Office, volunteer to newcomer: "There is a good meeting tonight at the B--Group. Xenophon Shrdlu is speaking--you know, the TV comedian."

Telephone call from a program chairman: "Would you speak at our anniversary meeting? I'm supposed to get a celebrity as the main speaker."

I KNOW that some people in AA are impressed and even helped by the fact that even "names" are afflicted with our disease, but statements like the two reported above make me shudder.

I'm not an unbiased observer. My husband's name is quite well known, inside and outside AA. He and I have both been active, sober AAs for years. He's willing to do any AA task that needs doing. But when I'm asked to get him to speak, and the asker says something about getting a "celebrity," I'm sorely tempted to say, "if you want him as an alcoholic, it's for free, naturally. However, if you want him as a celebrity, his fee is \$2500 for doing his act. And he doesn't mention AA in the act!"

I've even seen newspaper stories about AA conventions or banquets with such statements as "The main speaker will be a famous star of stage, TV and movies."

Oh, that follows the *letter* of our Traditions all right. But what about the *spirit*? Within AA, can't a "name" member not be a celebrity, but just another alcoholic who needs our love and understanding in exactly the same principles--first, anonymous way it is given to the rest of us?

Once I heard a fellow say that to him anonymity means we are all nameless, faceless victims of the same illness, no one of any more importance than the other. And, he said, one greatness of AA is its ability to treat, with exactly the same fair degree of kindness, either the unknown newcomer, or the recognizable celebrity, or the recognized notorious unfortunate.

(Speaker, Continued on page 3)

25¢



(Prison Continued from page 1)

being incarcerated.

Alcoholics confined in a penitentiary are forced to abstain most of the time. Penal authorities like to think that no alcoholic beverages are available in their institutions, but have to accept the fact that occasionally liquor is smuggled in or even produced in prison. This, however, is the exception and a negligible factor. The alcoholic in prison is usually forced to stay sober.

This in itself would be an excellent aid for future sobriety if the inmate wanted to stay sober: He would have only to continue his abstinence after release and his problem would be solved.

There is a group of men who plan exactly this. But there are others who have no plans at all. A large percentage plan nothing else for the day of their release but to celebrate by spending their first dollar on the outside for a drink.

It is obvious that a chronic alcoholic can only control his drinking by planning to fight his desires. But if his drive is just strong enough to find an excuse for his drinking and not a motivation to stay sober, he will buy his bottle and probably will be back in prison for another crime committed "while under the influence of intoxicating beverages," or land in jail as a common drunk. This might also happen to the man who does not plan at all. It takes a strong drive to resist temptation, especially at a time when a man is emotionally upset by the difficulties of readjusting to life in free society. The released inmate, carrying the stigma of being an ex-con, usually is very insecure. The temptation is tremendous to meet the challenges and frustrations on the first day of freedom, by having a drink.

It takes a lot of time to prepare for this day, but time is one thing prisoners have plenty of. Men who want to help themselves can be and are assisted in most, if not all, penitentiaries, through guidance, counseling and Alcoholics Anonymous.

A man needs will, insight and humility to live the AA program in prison. AA in the penitentiary is **ALCOHOLICS ADMITTED**, not **ALCOHOLICS ANONYMOUS**. The AA member is the target of ridicule, humiliation and kidding by his fellow inmates, especially the ones who have an alcoholic problem, but don't admit it. They are joined by others who need someone to look down to in order to boost their own egos, and occasionally also by some of the guards and supervisors, who are not able to recognize the value of AA to society as well as to the alcoholics involved.

To make AA work in any penal institution, everybody concerned should be familiar with the goals and the operations of AA. No group can work any better than the warden or superintendent allows it to. The results largely depend on the understanding and competence of the prison superintendent, as well as on the policies of the state agency in charge of correctional institutions.

What does AA do in prison? Why have it at all when the alcoholic cannot get anything to drink in the first place? The answers to these questions are extremely simple. Alcoholics Anonymous

teaches its members to stay sober today. Tomorrow it will teach them to stay sober tomorrow, and when the day of release comes, the great day of freedom, AA will keep this man sober on this difficult and crucial day when again he will see a liquor store or a juke-joint. AA can be, and is, as habit forming as alcohol or morphine, but it forms a good habit: the practice of being sober today. The honest AA member, in prison or out, has accepted his limitations; he has learned to live with the thought that he could not and cannot drink if he wants to be able to manage his life. A good percentage of alcoholics in prisons are not habitual criminals; they committed their offense while intoxicated but accept the law and even respect it when they are sober. To them AA is a hope to retain their common sense, their acceptance of social and legal rules, which they are unable to do when alcohol controls their actions.

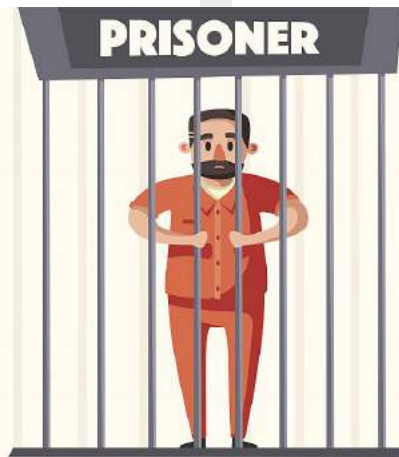
Most AA members in penal institutions are sincere. They know that they need AA and try to benefit from it. A few attend meetings just to break the monotony of prison life, to see some visiting groups from the outside or a special movie, and have an extra cup of coffee or a piece of cake occasionally. The prison officials are aware of this and in a well run institution will be liberal in their tolerance of this behavior. For many a man who came into AA just to kill time was drawn into the group spirit by fellow members. A man who joined AA as a con-man to pass the time, or to influence authorities favorably, might walk out of prison one day, join an outside group and stay sober and within the

law for the rest of his life. On the other hand a very dedicated AA member, a sincere and honest believer in AA, might go out and fall into the first bar he passes.

Prison officials cannot and do not try to predict the future. They have been disappointed and pleasantly surprised too many times. But modern prison administrators will give a man a chance if they see that he wants to help himself. AA is possible in most penal institutions but works best under minimum custody conditions. A man in an honor prison, such as our Avon Park Correctional Institution in Florida, can be given more responsibilities and more trust than a prisoner in close custody or an individual with basic criminal tendencies, who must be kept under closest supervision or in a locked cell.

To the penologist who wants to return his wards to society in a better condition than he received them, AA is indispensable to the rehabilitation of inmates with an alcoholic background. A good prison administrator therefore will welcome AA and assist the members in their activities within the framework of the rules of his institution. He is aware that not every man who attends AA meetings will profit lastingly by this association, but he also knows that AA has helped countless men and women to stay sober. And this includes many a former prisoner, who now enjoys a sober life in free society and pays taxes instead of being a burden to the taxpayer and to himself.

Reprinted with permission AA Grapevine, Inc.



(Speaker, Continued from page 1)

"We don't care about your past," he said, "or who you are outside of AA. Within the gates of AA you are simply another anonymous sufferer from our illness, and we want to help."

My husband and I feel that way, too.

Once my husband was asked to speak at a special open meeting planned to attract townspeople interested in community health. Just before the meeting began, the program chairman said, "We surely did want a celebrity for this meeting, and I was kind of stumped at first. The last two celebrities we had have been drinking ever since. So I'm sure glad you could come."

My husband went white, and bit his lip. He was crushed to think that his commercial fame was valued more highly by his fellow AAs than his sobriety and his membership in AA. He went through with that one, all right, but I doubt if he ever will again. It's my guess, too, that people in the audience were so curious and enthralled by seeing the celebrity in the flesh that very little of the "alcoholism is a sickness" message got through. I suspect that when they talked about it later, they said, "Guess *who* I heard speak, and did you know that *he* is an alcoholic?" instead of "Guess what I learned about alcoholism and Alcoholics Anonymous the other night?"

(Incidentally, an awfully nice AA gal gave a wonderful talk just before my husband went on. I wonder how she felt when, at the end of her talk, the chairman introduced the next speaker as the "star" of the evening, the one everyone was just waiting to hear?)

There are other perils, too. A celebrity can get carried away with hamminess in AA, so that he is performing rather than carrying the message. If his anonymity becomes too widely shattered by newcomers or visitors, this may cause him to stay away from the one place that promises sobriety. Or a newcomer may himself be frightened by the loss of anonymity, and not come again. Surely he is puzzled at having anonymity suggested then casually ignored by those who recommend it!

I'm sure this could also be rough on well-known writers, or alcoholic doctors and other professional men known within the community.

Wouldn't it be more within the AA spirit for each of us, when securing speakers, to ask them as communicators of the AA message--not because of who they are? Shouldn't those of us who serve on convention or banquet committees try to resist pressures from those who say, "Let's get a 'name' speaker; we'll draw more people, and our affair will be a big success!"?

Examine those last three little words a minute, if you will. What are we here for, anyhow?

I go to an AA meeting, sit on hard chairs in a smoky room to attain and maintain sobriety. I must honestly say that I have heard more good solid AA from people whose names I'll never know than from any celebrity, as such. If I want to see a celebrity I can go to a theater or lecture or concert hall, or turn on TV. I know that my disease is shared by all kinds of people, regardless of occupation or environment, and I want AA to be *anonymous*--inside, as well as out.

Let's let the alcoholic "names" come inside, too, and share the joys of our spiritual anonymity.

Reprinted with permission AA Grapevine, Inc.

March 1972

Take Your Works on Faith

By: N. E. H. | Westport, Connecticut

We can give of ourselves in many ways, and never know what good we do

STANLEY, a veteran AA friend, confided to me recently at a meeting, "I'm discouraged. I've taken all the Steps as well as I could--except the Twelfth. To stay sober, I feel I ought to work them all, but I doubt if I could make a good Twelfth Step call. And I don't think I'll ever be able to help a drunk get into the program."

"You shouldn't be discouraged," I said. "I've heard you speak up in a good many meetings. I'm willing to bet your words have helped a bunch of people stay sober."

Stan shook his head. "I can't really believe that. I guess I'd have to see the results first."

I had faith in Stan's influence, but I understood how he felt about it. The lightning flash that automatically shows us the results of our efforts doesn't happen often. Then I remembered that the lightning *had* struck me once, in my profession, years ago, and I thought my experience might give Stan an insight. So I told him this story. . . .

I had been a teacher of English for some years. I chose that career because it was the thing I wanted most to do with my life, and for a while I was happy in it. I liked to think I could hold my classes spellbound. Parents and students seldom complained. And I seemed to be satisfying my employers.

But after a while I began to question my criteria for success. Perhaps it was not enough to motivate a degree of literate writing by some of my students. What about the ones who never could write a very good sentence? Was I leaving them anything? Was I leaving anything of value to *any* of my students?

The main thing was what happened to these boys and girls after they had moved on. I doubted whether I stood for anything more permanent in their lives than punctuating a theme or organizing a paragraph. I began to doubt myself more and more, to think in a depressed way about perhaps getting into some other kind of work.

One day, I learned that a girl in one of my classes had entered my name in a "Best Teacher" contest conducted annually in those years by a national television series. Each student who competed on behalf of a teacher had to write a letter about him (or her), and the letter this girl had written about me was a winner.

I had instructed my students to learn a good deal about careers that might interest them. This girl wrote that she had previously been torn between being a journalist and being a nutritionist, that I had encouraged the kids to think about new and creative ways of combining their interests, and that, as a result, she had made an exciting discovery: She did not have to choose between the two careers; she could become a nutrition columnist! (Subsequently, she did.)

Reading a copy of this letter, I was flooded by a wave of grateful reassurance. If my teaching meant so much to this girl, perhaps it meant something similar to other, less articulate students.

More exciting events followed. After a visit from one of the contest officials, the machinery went into gear and ultimately ground me out as runner-up for that year. An airline contributed an all-expense-paid tour to South America. (The student who started all

(Faith, Continued on page 4)

(Faith, Continued from page 3)

this received a fifty-dollar award, which I thought was hardly commensurate with her work.)

Many thousands of American teachers deserved this honor as much as I--or more. I was lucky. But it was also borne in on me that most of the others *had* to take the results of their efforts on faith. I felt a little guilty that I had not been more willing to do so myself.

"It's the same way with us recovering alcoholics," I said to Stan, as I finished the story. "We see some men and women who can bring one desperate drunk after another into the program. That's one kind of Twelfth Step work--dramatic and visible--and it's good. But the rest of us can go to meetings and speak up, and who knows the results?"

"You'll never be named Alcoholic of the Year. Not even runner-up! But your words may help some sufferer to gain a new insight and get on the road to recovery. It happens all the time, Stan. And believe me, you speak well."

Stan nodded. It seemed a real possibility to pursue in the midst of daily life. The results, he'd have to accept on faith. And faith is a big word in AA.

Reprinted with permission AA Grapevine, Inc.

March 1972

A Mother Makes Amends

By: E. W. | Houston, Texas

In this letter to the Grapevine we are again reminded of the network of love that begins with one and goes on and on. . .

I haven't slowed down since I stepped into this magic wonderland full of you miracle people! In order to keep the magic working for me, I had to end an eighteen-year marriage. Then I gave up my home and came to Houston and opened up a home for alcoholic women.

There are miracles in this home every day. One of my girls that stayed here three months wrote a letter and wanted me to read it. With her permission, I'm sending it to you.

Mary B. R., Houston, Tex.

TO MY CHILDREN:

You may think writing you a letter is silly, with all of you living so near me, but I feel this is the only right way. To work the AA program, I must clear up the wreckage of the past, first of all by admitting my wrongs as I come to them, then by asking God to forgive them. And in the knowledge that He has forgiven me, I must forgive myself. Then I must try to make amends to the persons I've wronged and ask them to forgive me. Remembering the Serenity Prayer, I have got to accept that which I cannot change. I cannot change other human beings, so I may not be forgiven by them.

This is how it is today for me--I feel relieved of so much loneliness. I've found a place where I don't feel crazy; I'm at peace with myself. (If you could see me now, you would understand why I had to write. I am crying, but it is with gratitude for my peace of mind, not with self-pity.)

This is a program of self-honesty. Mary started helping me with the digging when she asked, "Why is it you never mention your other kids? It's always Stevie." I wanted to run and hide, but I stopped because I knew I was here for help, whatever came out. So I stayed with it.

I remembered all the years of trying to keep everyone from getting my kids, the years of trying to keep us together. Many times then, Terry and Nancy, you said I loved Stevie more. Finally, you convinced me that I was partial. Now I know different, and I'm free of this guilt.

Stephen: In my mind, I could not trust any man; so I had to make *you* head of the house. Who else could I trust with my dearest possessions but part of me? I was not capable of making the right decisions, so the burden was placed on your shoulders. What a load you must have carried! I put you on a pedestal; I did not allow you to be a child like Terry and Nancy, because I demanded that you take the reins I could not handle. Please forgive me. I'm now taking you off the pedestal, and I hope you can find some peace. You can go ahead and relax.

I think I've found my way at last. I am working on turning loose of you kids. I thought I had, but in getting drunk, I was subconsciously trying to get your attention.

Terry, I realize that all the times you deliberately did what I told you not to do, you were trying to gain attention, too--the attention I was too "busy" to give you. Even if I got mad at your mischief, it did not make me love you less. In fact, it made me love you more. After all, who are you most like? Your mother. When I talk about you, my eyes dance like yours always do. No, I can't say that I loved you less--and be honest.

I hope you and Nancy will both try to think about this in the way I feel it. Feel for your brother, for what I put him through. Love him for himself. He loves you.

Last but not least, we come to Nancy, my only daughter. I can remember how shy and alone you felt going to high school. My heart would ache for you. It seemed I always managed to say the wrong thing to you--about your weight or your friends. I would think it one way in my mind, and I just knew you'd understand and it would help you. But it didn't come out that way when I said it. I tried to buy you and Terry with material things, to give you what you wanted so you would be "nice" and let me drink what I wanted.

When Stevie graduated, I became aware that you all would not need me any more. It wasn't just losing Stevie to the world--it was like losing all of you at once. My alcoholic mind said, "I've still got the bottle, and I can hide, so when I do lose Nancy and Terry, I'll probably be so drunk I won't feel it."

I drank and drank. I kept searching for an answer for my loneliness, but the loneliness was always there. I truly believe I had to drink every drop that I did to bring me to the last day, when I fully realized by myself that I was an alcoholic. I did not get to the emergency ward by myself--God, whom I had turned my back on, was there. I handed the girl my card and said I was an alcoholic, and that was it.

I cannot change the past, but my past mistakes can be an asset to me as I tell my story to other AAs, helping them stay sober and keeping myself sober. When I finally got it all out and talked it over with Mary, I truly saw I loved all of you--each for yourself. I was free of the guilt that I had let grow out of proportion.

I requested that this be read with all three of you together alone, because my chief wrongdoing was done to you. I must work this program by all the suggested Twelve Steps, including the Eighth and Ninth.

This letter is not foolish to me, and I expect it to be taken very, very seriously. What you choose to do after reading it, I cannot change; I can only change myself. My writing it was a matter of life or death to me, because I do not want to take another drink. I will go to any lengths to work this program and grow stronger mentally, physically, and spiritually.

Reprinted with permission AA Grapevine, Inc.

February 1953

No Trumpets Blew

By: P. S. C. | Alton, Illinois

His spiritual awakening was more prosaic and yet just as powerful as the kind in movies and books

MANY and many a week and month had passed for me in AA and I was still troubled about that "spiritual awakening" deal. In fact I was about five or six years old on the program before I understood that I really had *had* a spiritual awakening a long time before I realized it and just didn't recognize it.

You see it was like this.

I was born and brought up in a strictly religious family and I mean religious in the sense it was used fifty or more years ago. I had the Bible, Sunday school, prayer meetings, choir practice and all the rest of it shot at me from every angle *all* the time.

By the time I got out of high school I had a mess of ideas about religion and God and so on in my head and none of these ideas was good or particularly attractive.

God, to me, was a large man with flowing white whiskers who alternated between being a fatherly, gentle sort of a guy and a vicious tyrant who condemned people to fry in hell for eternity. And, I didn't like him.

When anyone said anything about things spiritual I could imagine nothing but something connected with this God and his Heaven which, it seemed, was populated with hosts of angels clad in white robes and who spent their time soaring through the air playing harps.

It never occurred to me that there might be a meaning to the word "spiritual" besides the one I gave it.

Of course, to be strictly honest about this thing, I must admit that I gave very little thought to such matters anyway as I started my drinking career when I was just past seventeen and, as I remember it, I had very little time, wish or opportunity to meditate deeply on any of the abstract things of life while I was drinking.

What with trying to make a living for myself and the distillers and saloon keepers I was pretty busy without getting all tangled up in a lot of meditation about "spiritual" things.

Whenever I did give such things a little thought I assumed that if a guy had a spiritual awakening he could only have it by a flock of angels descending from the skies playing harps and trumpets and shouting loudly enough to penetrate his thick skull:

"We have a spiritual message for you."

This is probably a slight exaggeration but it conveys the general idea.

Well, of course, I never did have that sort of a spiritual awakening and, in fact, have never had it yet after all these months of sobriety. Furthermore I never expect to have it nor do I want it.

I *do* know now that I *did* have a spiritual awakening and, as a matter of fact, I had that spiritual awakening at least a month before my original AA sponsors found me in the county jail where I was doing four months.

Here's what happened.

I had started doing the four months on August 15. You can figure that four months put me on the bricks again on December 15.

When I entered the jailhouse I was nattily clad in a pair of white (but dirty) pants, a white (and dirtier) shirt, no coat, no hat and nothing else except a pair of socks and a pair of badly worn shoes.

Not bad costuming (except for the dirt) for August but how about that December 15 exit date? And in Iowa, yet, where the

December breezes are distinctly not on the balmy side.

It wasn't the first time I had been in such a fix nor the second nor the fifth nor the tenth. (It was, thank God, the last.)

However, I was stretched out on my bunk in my cell one afternoon in November figuring out ways and means. It was snowing outside, and brother, it was cold.

I had talked to the sheriff a day or so previously and he had fixed it for me to do a "pearl diving" stunt at a greasy spoon joint about two blocks from the jail. The job was to pay \$8 a week, cakes and a flop upstairs.

All right, so far, but I was wondering if I could run fast enough to keep from freezing to death in that two blocks between the jail and the job. I decided that was a risk that would have to be taken.

And I went on from there. I had it all calculated just how many weeks I would have to wash dishes and pots and pans in that joint before I would have dough enough to get together some sort of an outfit of clothing and also accumulate get-away money.

My wife and kids were in a nearby city but I was about as welcome there as a skunk would be at a May party and anyway the law in that city was hostile and I knew it was no place for yours truly.

So, I had picked out Kansas City as my objective when the wardrobe and financial status indicated the move was in order. I had even found out what the bus fare was to Kansas City.

And so I mused on to myself,

"So, on or about April 1, I will shake the dust of this town and state from my feet and get a fresh start in Kansas City. I will get into town with about \$15 or \$20 over and above expenses. I will rent myself a nice room and pay a week's rent in advance and wash up and go out and hunt a job."

All of a sudden something clicked in my head. Where had I heard that song before?

And then it came to me in one big, blinding flash.

"Why," I said to myself softly, "you damn fool, you have done just that same thing before. Work like a dog, get half-way cleaned up and presentable and go to some new spot. You'll do it all too, *except* for one thing. After you get the room and take the wash you'll go out to the first tavern you can locate and you'll order a double shot. By morning (or long before) you'll be flat broke again and wake up so sick you'll have no time to hunt a job. You'll have to hustle the eye-opener and the rest that follow it. And by the end of the week you'll either be in jail again or on skid row."

There you are.

That was the spiritual awakening.

For the first time in fifty-seven years I realized that all my trouble was caused by booze.

And, as I realized that fact there came the necessary corollary. If I want to stay off skid row I must quit drinking. Not for a while, but forever.

So, a few days later, when Ralph and Ed called on me at my jail residence I was a pushover. I knew what I had to do and they told me how to do it.

No one can ever convince me now that God in his infinite wisdom and kindness didn't send me that spiritual message. Of course He sent it to me in His own way without benefit of a heavenly choir or other stage effects but He got the message through to me.

Thank you, God.

Reprinted with permission AA Grapevine, Inc.

Holiday Alkathon 2022/2023

Balance		\$800
Print.	-\$130.	\$ 670.
Envelopes	-\$7.	\$ 663.
Decaf Coffee	-\$13.	\$ 650.
Rent Donation	-\$250.	\$ 400.
7th Tradition	+\$923.	\$1323.
Prudent Reserve	-\$800.	\$ 523.

Donation.	\$523.
Central Office.	\$419.
Area 75.	\$52.
GSO.	\$52.



2022-2023 Holiday Alkathon

The Holiday Alkathon was a huge success. Donations were up from last year and we've listed this years breakdown. The Holiday Alkathon committee would like to thanks so many people that made it possible.

The committee would like to recognize The How to Club. Board members, Jody, Doug and Chrissy (HTC) provided access to their facility and so much more. We would also like to recognize the following individuals for their skills and support.

- Tony P. Printing and Group volunteering.
- Charlie K. Printing and flyer dispersement.
- Nancy S. Flyers design.

Most importantly, The Holiday Alkathon Committee would like to thank all the groups that participated, along with all the wonderful people who attended. The Milwaukee Holiday Alkathon has been a tradition for 42 years. This is a true reflection of your commitment to service.

God Bless you all.

Manny M.

Holiday Alkathon Committee.

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc.
[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.

Or Contribute using **PayPal** or your **Credit Card** from our website.



MILW. CENTRAL OFFICE

- **E-mail us at:**
dan@aamilwaukee.com
- Hours:**
M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.
- **Board of Directors Meeting**, in-person.
Wednesday following 2nd Tuesday (odd months) 6:30 p.
- **A. A. Meetings**, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- **Dist. 14 monthly meeting**, 4th Wed. at 7 p.m.
- **Dist. 16, 1st Wed. at 6 p.m.**

Spanish Speaking Meetings:

Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our **CONTRIBUTE** button on our website: aamilwaukee.com or use our your **VENMO app** from your smartphone.

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

Meeting Space Currently Available

- **DryHootch**, 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- **West Allis Senior Center**, 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).
- **Luther Memorial Church**, 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- **St Peter's Episcopal Church**, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- **Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org
Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2023 Weekend Retreats

Jesuit Retreat House,

4800 Fahrwald Rd.
Oshkosh, WI.
WI 54901, call 800-962-7330

jesuitretreathouse.org

Men and Women in AA, AI-Anon

Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

The **Southern Wisconsin Deaf Access Committee** needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: Southern-WIDeafAccess@gmail.com

Southern Wisconsin Deaf Access Committee (SWDAC) 2023

JANUARY thru DECEMBER 2022

Beginning Balance \$ 6,210.62

Contributions: \$ 8,013.17

Interpreters: \$ 4,120.00

****ENDING BALANCE: \$ 10,103.79**

The cost for an interpreter is \$50 for a zoom meeting and \$80 for an in-person meeting. Contact Kath W. with questions:

brylerandme@gmail.com

VENMO Contributions: www.venmo.com/SWDAC

Southern Wisconsin AA Deaf Access Committee

P.O. Box 1982

Waukesha, WI 53186

District Number: _____

Group Name: _____

Donation: _____

Individuals may contribute as well.

VENMO Contributions: www.venmo.com/SWDAC

DISTRICT MEETINGS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 7. KENOSHA, 17. RACINE CNTY ; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S .

(Check the web address above for meeting info.)

3. **MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
6. **WALWORTH CNTY:** 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan
10. **Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.
11. **JEFFERSON CNTY:** Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,
12. **WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037
13. **WAUKESHA CNTY:** 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
14. **MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214
16. **MILWAUKEE CNTY:** 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI
23. **DODGE CNTY:** Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
24. **OZAUKEE CNTY:** 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.
25. **FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.
27. **MILWAUKEE CNTY:** 3rd Wednesday of month, 7:00 P.M. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222
28. **MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.
29. **MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
32. & 33 **WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: [881 8331 2739](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09), Passcode: [071956](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09)
34. **WAUKESHA CNTY:** 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09>
36. **RACINE/KENOSHA:** (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington
38. **MILWAUKEE CNTY:** Last Sunday of month 4:00 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2023](#)

All meeting held virtually until further notice

- Zoom Meeting Contact Area Chair: Veronica O. vodonnell52@gmail.com

Delegated Workshop 3/19/23, Spring Assembly 4/16/23, Summer Assembly 6/11/23, Pre Conference Assembly 9/10/23, and the Conference Assembly 10/21/23

CORRECTIONAL INSTITUTIONS

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com

- **TAYCHEDAH CORRECTIONAL**, Fond du Lac, WI 54937
- **OAK HILL CORRECTIONAL INSTITUTION:** 5212 County Road M, Fitchburg, WI 53575
- **WAUPUN CORRECTIONAL INSTITUTION**, Waupun WI
- **FOX LAKE CORRECTIONAL**, Box #147, Fox Lake, WI 53933
- **JEFFERSON COUNTY JAIL** 411 S. Center St., Jefferson, WI,
- **RACINE CORRECTIONAL INSTITUTION** for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- **FEDERAL CORRECTIONAL** Satellite Camp, Oxford, WI.
- **THOMPSON FARM**, RT. 2 DEERFIELD, WI.,
- **ROBERT ELLSWORTH CORRECTIONAL**, Union Grove, 53182
- **KETTLE MORAIN CORRECTIONAL**, Forrest Dr., Plymouth,
- **MILWAUKEE COUNTY HOUSE OF CORRECTION**, 8885 S. 68th St. Franklin WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE COUNTY JAIL** 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE SECURE DETENTION**, 1015 N. 10th St. Emily J. by Email: mccccoordinator@gmail.com.
- **MILWAUKEE WOMEN'S CORRECTIONAL CENTER**, 615 W Keefe Ave. Emily J. by Email: mccccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

NEW DAY CLUB
11936 N. Port Washington Rd
Mequon, (262) 241-4673
www.newdayclub.org
A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
11:00 a. Topic
5:00 p. Young People
7:30 p. Topic

Mon. 12:30 p. Tenth Step Gp
5:30 p. More about Alcoholism
8:15 p. Men's Gp

Tue. 10:00 a. Topic
5:30 p. Big Book
7:00 p. Beginners Gp
8:00 p. Big Book Gp

Wed. 10:00 a. Topic
2:00 p. Promises Meeting
5:30 p. Step Meeting
7:00 p. Women's Lifeline

Thur. 10:00 a. Topic Meeting
1:00 p. Women's AA Gp
5:30 p. Topic Meeting

Fri. 10:00 a. Topic Meeting
5:30 p. Step/Tradition
8:00 p.

Sat. 10:00 a. Step Meeting
5:00 p. Fellowship of Spirit
7:00 p. Feelings
10:00 p. Young People
8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS
Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Wednesday 7:00 p. ACOA
Thursday 7:00 p. Al-Anon
Contact club for information on other fellowships.

PASS IT ON CLUB
6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923

A.A. MEETING SCHEDULE

Sun. 8:00 a. Sun. Wake Up
9:30 a. Reliance Meeting
11:00 a. Today's choice
3:00 p. Gratitude Plus
7:00 p. Big Book Readers

Mon. 7:30 a. Jump Start
10:30 a. First Step
4:00 p. Happy Hour Step Gp.
7:00 p. Open Introductory AA

Tue. 7:30 a. Comin' Back Gp
10:30 a. Keep It Simple
4:00 p. Drop the Rock
6:00 p. Key To Sobriety Women's
7:30 p. Three Legacies
7:30 p. Double Trouble DD/O
7:30 a. Big Book Study

Wed. 10:30 a. Pass It On
4:00 p. Happy Hr Promises
6:15 p. Courage to Change
7:00 p. We, Us & Ours

Thur. 7:30 a. Welcome Back Gp
10:30 a. Made Decision
5:15 p. As Bill Sees It
7:00 p. Gateway Topic Gp

Fri. 7:30 a. Honesty Gp.
10:30 a. Came To Believe
6:00 p. Women's Fri. Kickoff
6:30 p. Thoughts 4 Today
8:00 p. Broken Arrow
8:30 a. Early Bird

Sat. 10:30 a. Happy Joyous Free
3:00 p. 12 Promises Group
7:00 p. Viagers Wisconsin lower level
8:00 p. 5 Concepts upstairs
8:00 p. Back to Basics 12x12

LAKE AREA CLUB
N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Early Bird
9:30 a. Literature Meeting
11:00 a. Friendship Gp
6:00 p. Big Book
8:00 p. Gopher Sunday
9:00 a. Positive Attitude
6:30 p. Otter Gp
8:00 p. Step/Tradition Study

Tue. 1:00 p.
4:00 p.
7:00 p. Life House Beginners
8:00 a.

Wed. 10:00 a. Back To Basics
2:00 p. Women's Meeting
6:00 p.
8:00 p.

Thur. 10:00 a.
4:00 p.
5:00 p. Woman's Way 12 Steps
8:00 p. Grapevine Mtng

Fri. 12:30 p.
4:00 p.
8:00 p. Old School House
8:30 a. 11th Step
10:00 a. Big Book

Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)

AL-ANON MEETINGS
Mon. 7:00 p. Al-Anon
Tue. 9:00 a. Al-Anon
Wed. 7:00 p. Al-Anon & Alateen

WAUKESHA ALANO CLUB
318 W. Broadway
Waukesha, WI, 262-549-6541
A.A. MEETINGS.
(V)=Virtual, (IP)=In-person, (V & IP)=Both

Sun. 9:30 a. Sun Morn Sunlight (IP)
11:00 a. Sun Go-To-Mtng (V & IP)
Zoom: 868 6375 8565, PW: 135314
07:00 p. Big Book Study (IP)

Mon. 12:00 p. (IP)
6:00 p. Beginners AA (V & IP)
Zoom: 818 7287 8662, PW: 740572
7:00 p. (12 & 12) (IP)

Tue. 6:00 a. Open Your Eyes... (IP)
Wed. 12:00 p. Wauk Wed Nooners (IP)
5:30 p. Topic Gp (V & IP)
Zoom: 818 9650 5286, PW: 677391

Thur. 12:00 p. Nooners (IP)
Fri. 12:00 p. T.G.I.F. Gp (V & IP)
Zoom: 839 0454 9230, PW: 830354

Sat. 06:00 a. Early Morning (IP)
10:00 a. Gp 124 (V & IP)
Zoom: Contact Sher at 630-432-3585 for access.

OPEN MEETINGS, DANCES & EVENTS
Call for information.

GALANO CLUB
- LGBT & All in Recovery - 7210 W
Greenfield Ave, Suite 1, Lower Level
Milwaukee, WI 53214, 414-276-6936
<http://www.galanoclub.org/>
galanoclub@gmail.com

(V)=Virtual, (IP)=In-person, (V & IP)=Both
In Person and Phone Meetings/Phone/Video AA Meetings, Call (978) 990-5195
Meeting Id: galano7210
Code: 1919178#

Sunday: (V & IP)
10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video)
10:30 a.m. - Al-Anon - Papillion Group. (In-person)

Monday: (V & IP)
7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)

Tuesday: (V & IP)
12:00 p. - AA Over and Under 40 Group (In-person/phone/video)

Thursday: (V & IP)
7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP)
10:30 a.m. AA Step & Topic

Saturday: (V & IP)
7:30 p.m. - AA - Big Book & More. (In-person/Phone/video)
The Galano Club is open one half hour before the scheduled meetings.

NORTHWEST ALANO CLUB*
N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)
Room 202
A.A. MEETING SCHEDULE
(V)=Virtual, (IP)=In-person, (V & IP)=Both

Sun. 10:00 a. Big Book Rm 202
7:00 p. Sun Night Gp Rm 202

Mon. 7:00 p. Just Do It Gp Rm 202

Tue. 10:00 a. Step
8:00 p. Topic

Wed. 7:00 p. Step/Topic

Thur. 10:00 a. Step
6:00 p. Women's

Fri. 8:00 p. Step/Topic (V & IP)
5:30 p. Code 3 Mtng Rm 202

Sat. 10:00 a. Sat Serenity Gp
7:00 p. Simply Sober Gp Rm 202

AL-ANON MEETINGS
Wed. 7:00 p. Al-Anon
Fri. 7:30 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
10:00 a. Primitive Group
12:00 p. Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Step Meeting
6:30 p. Delavan Meeting

Tuesday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA
7:30 a. Sunny Side Up
12:00 p. As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan Big Book Gp.

Friday AA
7:30 a. Sunny Side Up
12:00 p. Big Book Study
6:30 p. Delavan Discussion

Saturday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB
1521 N. Prospect Ave.,
Milwaukee, WI, 53202
(414) 278-9102
<http://www.mkealanoclub.org/>

A.A. MEETING SCHEDULE

Sun. 7:00 a. AA Meeting
10:00 a. Gp 17 Step

Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Big Book Meeting
6:30 p. Gp 40 Big Book
7:30 p. We Agnostics

Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76
7:00 p. Beginner's Meeting

Wed. 7:00 a. AA
10:30 a. Gp 9, Step
12:15 p. Oasis Topic Gp
6:00 p. Chicks at Six Gp, women, Child Care available

7:30 p. We Agnostics

Thur. 7:00 a. Big Book Meeting
10:30 a. Gp 97, Step
12:15 p. Here & Now Gp
7:00 p. AA (LGBT) All Welcome

Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 65
6:30 p. Here & Now
12:15 am. Second Shifters (Sat.)

Sat. 7:00 a. AA Meeting
11:00 a. Gp 87 Step
7:30 p. Open AA Speaker Mtng

AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448
<http://howtoclub.info/>
M, W, F, Sat. 9 a. -11 p,
Tue Thr 9a. - 9p., Sun 8a to 9p.

Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. Restore Us To Sanity
8:00 p. Sun. Sober & Serene

Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.

Tue. 11:00 a. Willingness Group
6:00 p. Tue Topic 6pm Gp
8:00 p. New Hope Meeting

Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group

Thur. 10:00 a. But For Grace Of God
6:00 p. Here and Now
8:00 p. How To Get It Going

Fri. 11:00 a. Priority Group
6:00 p. Big Book Friday
8:00 p. R.U.S. For Us
11:00 p. Candlelight Promises

Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
3:00 p. Spiritual Growth
6:00 p. 1st & 12 Topic
8:00 p. Open Speaker 3rd Sat
8:00 p. HOW To Saturday

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI
[Web and Facebook Info](http://www.24hourclub.info/)

A.A. MEETING SCHEDULE

Sun. 6:30 a. Upon Awakening
8:00 a. 8:00 a. Topic
10:00 a. Step/Topic
5:00 p. Step

Mon. 6:30 a. Topic
~~10:00 a. Topic~~
8:00 p. Men's

Tue. 6:30 a. Topic
~~10:00 a. Step/Topic~~
5:30 p. Big Book

Wed. 6:30 a. Topic
~~10:00 a. Big Book~~

Thur. 6:30 a. Topic
~~10:00 a. Topic~~
5:30 p. Step/Topic/Trad
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic
~~10:00 a. Step/12 & 12~~
8:00 p. Step

Sat. 6:30 a. Topic
~~8:30 a. Big Book/Steps~~
10:00 a. Big Book
8:00 p. Open Speaker Mtng.
(1st Saturday Only)

In Person AA Groups Need Your Support

- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield
- **Tues. 7 p.m.** Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- **Wed. 11am.** Gp 10-17, St Veronica's 353 E Norwich, Milw. 53207
- **Wed. 8:00 p.m.** Helping Hand (No Masks Required), Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI 53213
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Com-

plex, 831 N Van Buren, Milwaukee WI 53202

- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI 53211
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- **Fri. at 7 p.m.** First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, 53207
- **Sat. 7 p.m.** 12 Step Club 4102 W Townsend St. Milw. WI 53216

MEETING ROOMS

UNITY CLUB
1715 Creek Rd
West Bend, (262) 338-3500
unityclub1715@att.net
www.facebook.com
AA MEETING SCHEDULE

Sun. 10:30 a.* Gratitude Gp.
8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's

Tue. 10:00 a. Tuesday A.M.
7:30 p. Beginner's
8:00 p. Step Gp

Wed. 10:00 a. Promises
1:00 p. Steps/Promises
5:00 p. Happy Hour Gp In-
person & Zoom: 332602852, pw:
123456
8:15 p. Step Gp

Thur. 10:00 a. Big Book
7:00 p. EZ Dozen12x12

Fri. 10:00 a. Step/Topic Gp
6:00 p. Big Book

Sat. 10:00 a. Here & Now
6:00 p. Big Book Connection

AL-ANON & ALATEEN MTNGS
Saturday 9:00 a. Al-Anon
Thursday 7:15 p. Al-Anon

• Open Mtng. 3rd Sunday of month

FRIENDSHIP CLUB
2245 W. Fond du Lac Ave
Milwaukee, WI
(414) 931-7033

Email:
friendshipinc@sbcglobal.net

AA MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday
Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big Book

Saturday
10:30 a. Gp 112 Step

Call for information
on other types of
meetings.

Email:
friendshipinc@sbcglobal.net

12 STEP CLUB
4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610

A.A. MEETING SCHEDULE

Thursday:
10:30 a. Group 56

Friday:
11:00 a. Gp. 61(12x12)

Saturday:
10:00 a. Beginner's
7:00 p. 12 Steps Gp

Call the club for information
on Open Speaker AA
meetings, meetings for oth-
er fellowships and for special
events.

MILWAUKEE GROUP
933 E Center St, Milw WI 53212.
A.A. MEETINGS

Sun. 10:00 a In-person
8:30 p. In-Person

Mon. 5:30 p. In-Person
7:00 p. In-Person
8:30 p. In-Person

Tue. 7:00 p. In-Person
8:30 p. In-Person

Wed. 5:30 p. Zoom
<https://zoom.us/j/8974697046> pw:0
7:00 p. In-Person
8:30 p. In-Person

Thur. 7:00 p. In-Person
8:30 p. In-Person

Fri. 7:00 p. In-Person
8:30 p. In-Person

Sat. 8:30 p. In-Person

Milwaukee Central Office
7429 W Greenfield
West Allis WI 414-771-9119
A.A. MEETINGS

Sun. 9:00 a. Gp 10 Sunday

Mon. 12:15 p.

Tue. 12:15 p.

Wed. 12:15 p.

Thur. 12:15 p.

Fri. 12:15 p.

Sat. 9:15 a. 1st Step
10:30 a.

**We do not meet on
major holidays.**

LIGHTHOUSE ON DEWEY
1220 Dewey Ave.
Wauwatosa WI
AA MEETINGS

Sunday
6:00 p. Jim's First Step
7:30 p. Gp 78 Great Room

Monday
7:30 p. Laughs/Leisure

Tuesday
6:00 p. 11th Step Meditation
7:30 p. Professionals

Wednesday
7:30 p. Presidents Hall
8:00 p. "RES-IPSA"

Thursday
7:00 p. Women's AA
7:30 p. Alumni No 12

Friday 7:15 p. Gp 74

Saturday 10:00 a. Gp 59
7:00 p. Great Room

All Saint's Cathedral
818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting
Mon: 7:30 p.m. #08 Sane & Sober
Tue: 10:30 a.m. Men's Gp.
Wed: 7:30 p.m. Men's Gp.
Fri: 7:30 p.m. Big Book Gp.
Sat: 10:30 a.m. Men's Gp.


JOIN the BIRTHDAY CLUB!


We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



 Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone: (_____) _____ - _____

Email: _____

Home Group: _____



HAPPY BIRTHDAY!

<u>Years</u>	<u>Name</u>	<u>Home Group</u>
39 (2-15-2023)	Nancy H.	Hartford Women's Big Book
29 (2-28-2023)	John W.	South Milwaukee Groups
42 (2-25-2023)	Bob "Muff" McD	Walworth County
9 (2-1-2023)	Mark R.	Real Needs Real Help



Congratulations!



"New Meeting"

A Women's Sunday Morning AA meeting starting Sunday, January 8, 2023, in Jackson, WI. (District 12) at 10:30 am held at the Town Hall in Jackson 3146 Division Road (Hwy G) Enter at the south doors We hope you join us - and please share!



Come Join Our Tuesday Nite Impaired Professional AA Meeting

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person Tuesday nights at 7:30 at Holy Trinity Lutheran Church at 11709 W. Cleveland Ave. as well as on Zoom. Meeting ID = 98178765495, Password = 071150. Hope to see you there!!

It Happened to Alice, Page 21

Reprinted with permission AA General Service Office.





WE HAVE A NEW HOME!!

GROUP #63

MONDAY NIGHTS 7:00PM

**Martin Luther Church
9235 W Bluemound Rd**

Big Book topics, 12 steps discussions, and AA general topics

COME ON OVER AND MEET NEW FRIENDS!

No mask required. This is a closed AA meeting.

A Closed AA meeting is open to those who have a desire to quit drinking. If you think you may have a drinking problem, please



Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us

At 7:30 pm



St. Pius Church
2520 N. Wauwatosa Ave. (76th St.)
Just north of North Ave.

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)



Fox Point Group 86: Reaching Out, Join Us on Zoom Monday Evenings.

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's *Alcoholics Anonymous*.

You will find a warm welcome to a lively and amiable group living one day at a time.

<https://zoom.us/j/8700953588>

Meeting ID [8700 953 588](https://zoom.us/j/8700953588) no password but waiting room. **By phone dial 312-626-6799**



Serenity Group

"The Barn"

Thursdays 7:00-8:00pm

**St. Alban 's Church
W239 N6440 Maple Ave
Sussex, WI. 53089**

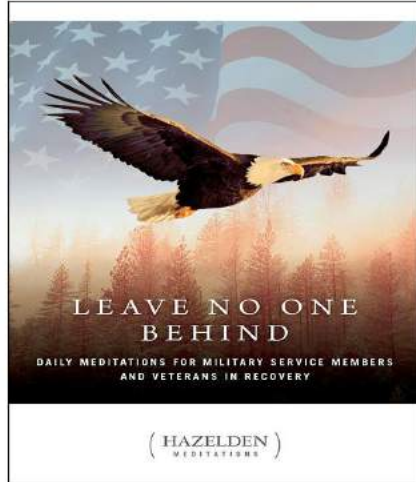
Come join us...

New location, same great format and fellowship

****February 3rd - new meeting start date****

A New Meditation Book Dedicated to Service Members and Veterans

Service members and veterans who are in recovery share their words of healing and hope in daily meditations. These people are in a class of their own—they know what they experienced, they know how their recovery has been affected by their service, they know how to help themselves and they know how to help each other.



\$18.95

• JANUARY 4 •

Behind Me

Weed. Booze. Beer. All of that. I used all of it. Then I came home and they gave me legal drugs. I don't feel at all. Or I feel high. Anything to not think. I don't want to think. Anything to stop my ears from ringing. To relax. To not have to talk to my family. To not have to talk to my buddy's wife. My buddy's gone. I can't look at her.

I don't think I've got PTSD, I think I was just having a tough time. A rough patch. A *really* rough patch.

I was there. Behind. I had been left. I left myself.

I have to want to not be back there. Every day, I have to not want to leave myself behind. I have to suit up and show up. I have to catch up and stay caught up. I have to ask for help. I have to help others. I have to show them how it's done. Because, if I don't, I'll leave myself behind again. It's on me. It's all up to me.

And I'll do it. Because I'm a warrior.

Today, I'll suit up and show up for everything in front of me. I'm not going to leave myself behind again.

Josh O., U.S. Army, 2012-2018

Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use [Venmo](#) from your smartphone.

@MilwaukeeCentralOffice-AA
https://venmo.com/code?user_id=2976454346276864728

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



A.A.



MEN'S BIG BOOK MEETING

WHEN: Thursdays
8:00 – 9:00 P.M.

WHERE: 24 Hour Club
153 Green Bay Ave.
Thiensville, WI 53092



Open to men in recovery. Beginners most welcome!



FREE COFFEE & DONUTS



GREATER MILWAUKEE CENTRAL OFFICE
PRESENTS

SPRING THING

DINNER AND OPEN SPEAKER MEETING

SATURDAY, APRIL 22, 2023

HOSPITALITY: 5:30 PM, DINNER: 6:15 PM

AA SPEAKER: PETE K. (RICHFIELD WI): 7:30 PM

MILWAUKEE ELK'S LODGE #46

5555 W. GOOD HOPE RD, MILWAUKEE, 53222

SEATING IS LIMITED: \$35.00 PER PERSON

Tables of 8. If you want to sit together, get your tickets together.

Proceeds to support Milwaukee Central Office.

Tickets by mail, \$35.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number _____ Expiration Date ____ / ____

Name _____ Phone _____ CVC# _____

Address _____ Zip Code _____

E-mail Address: _____

Number of tickets ____ X \$35.00 = \$ _____

Tax deductible donation to
Greater Milwaukee Central Office..... + \$ _____

Check or Credit Card Total..... = \$ _____

Cut-off date for tickets Monday April 17, 2023

Buffet menu, with all kinds of stuff on it.

Tables of 8. If you want to sit together, get your tickets together.

